

# THRIVING HAPPENS BY CHOICE WHAT'S NEXT FOR YOU?

Imagine what "thriving" could look and feel like to you. What do you need now to grow as a more vibrant, resilient, and empowered leader? What will it take for you to **THRIVE** where you are planted, by choice?

## FRUITS AND ROOTS OF CHANGE

Creating change for the better, you want juicy *Fruits* – better results in your life's "produce." What fruits have you already created in your life?

What fruits do you want to create?

To change the *Fruits*, start with the *Roots*.

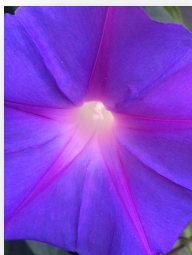


### **What needs your attention?**

*Roots* are the essential *YOU*. They emanate from your core of care. They are your conditioned – and often unconscious – responses – and lenses by which you perceive your internal and external reality. You become your habits of being, thinking, feeling and doing. Whether you are consciously aware of them or not, the roots of your inner reality produce the fruits of your outer reality. *Roots* are your embodied presence, your capacity to choose and take action.

## PRESENCE

As you lead, where are you a *victim of circumstance* and where are you a *creator with confidence*?



*Presence* is more than your ability to project clarity, decisiveness and poise under pressure – aka "executive presence." *Presence* conveys and invokes trust for co-creating. It is your ability to contribute, be a competent learner and drive your own development and fulfillment.

*Presence* is fundamental to your ability to produce genuine new shifts, insights, and behaviors with others – qualities essential for leadership and management effectiveness. We sense it in our competency to fulfill commitments, our capacity for self-generation, and our experience of greater aliveness. **What Presence do you embody now?**

## CHOOSE TO LEAD

As you choose to live into a new story – playing a new game in new ways – what will it take to become a new *YOU*?

- What will catalyze enlivening growth, wellbeing and joy as you lead?
- What – and with whom – will you co-create for the better?
- What do you need now on your journey of becoming?



### **Partnering with you to THRIVE ...**

You have a masterful ally for becoming your next, best Self to lead.



**COACHING FOR LEADERSHIP AND COLLABORATIVE EXCELLENCE**

Beata C. Lewis, JD, MSC, Executive Coach & Change Consultant

P.O. Box 31115, Santa Fe, New Mexico 87594 T: 415 332 8338 E: [Beata@BridgingLives.com](mailto:Beata@BridgingLives.com) W: [www.BridgingLives.com](http://www.BridgingLives.com)

© Beata C. Lewis, 2018